

JULY LUNCH MENU

Monday

Menu & Field Trips
subject to change

Tuesday

Wednesday

Thursday

Friday

1

ALL GRADES
Carne Asada Taco
Assorted Fresh Fruit, Cucumber
Pico de Gallo
Pinto Beans
1% Lowfat Milk & Chocolate Milk

2

FIELD TRIP (TK/Kinder/1st Only)
Lakeside Fire Department
Chicken Nuggets

FIELD TRIP (2nd - 8th Grade Only)
SeaWorld
Costco Pizza

3

No ESS

6

ALL GRADES
Chicken & Waffles
Energy Pack, Egg Lunch
Assorted Fresh Fruit
Carrots, Celery
1% Lowfat Milk & Chocolate Milk

7

FIELD TRIP (2nd - 8th Grade Only)
Sesame Place Water Park
Hamburger, Chicken Tenders, Pizza
K/Kinder/1st
Chicken Corn Dog
Crackers, Assorted Fresh Fruit
Lettuce, Cherry Tomatoes
1% Lowfat Milk & Chocolate Milk

8

FIELD TRIP (TK/Kinder/1st Only)
Santee Lakes
Uncrustables
2nd - 8th Grade
Mandarin Chicken w/ Rice
Energy Pack, Yogurt
Assorted Fresh Fruit, cucumber
1% Lowfat Milk & Chocolate Milk

9

FIELD TRIP (2nd - 8th Grade Only)
SeaWorld
Uncrustables
TK/Kinder/1st Only
Chicken Chili Verde Tamale
Assorted Fresh Fruit
Lettuce, Tomatoes
1% Lowfat Milk & Chocolate Milk

10

FIELD TRIP (TK/Kinder/1st Only)
Chuck E Cheese
Pizza
2nd - 8th Grade
Dominos Pizza
Fresh Fruit, Lettuce, Red Peppers 1%
Lowfat Milk & Chocolate Milk

13

ALL GRADES
Cheeseburger
Tater Tots
Energy Pack, Egg Lunch
Assorted Fresh Fruit
Lettuce, Tomatoes
Ketchup
1% Lowfat Milk & Chocolate Milk

14

FIELD TRIP (2nd - 8th Grade Only)
SeaWorld
Uncrustables

K/Kinder/1st
Southwest Queso Pull-Aparts
Assorted Fresh Fruit
Lettuce, Tomatoes
1% Lowfat Milk & Chocolate Milk

15

FIELD TRIP (TK/Kinder/1st Only)
FunBelievable

ALL GRADES
Carne Asada Nachos
Energy Pack, Yogurt
Assorted Fresh Fruit, Cucumber
Pico de Gallo
Pinto Beans
1% Lowfat Milk & Chocolate Milk

16

FIELD TRIP (2nd - 8th Grade Only)
Sesame Place Water Park
Hamburger, Chicken Tenders, Pizza
TK/Kinder/1st
Chicken Nuggets
Crackers, Fresh Fruit
Celery, carrots
Ranch, Ketchup
1% Lowfat Milk & Chocolate Milk

17

FIELD TRIP (TK/Kinder/1st Only)
Bowling & Boardwalk
Pizza
2nd - 8th Grade
Dominos Pizza
Fresh Fruit, Lettuce, Red Peppers 1%
Lowfat Milk & Chocolate Milk

20

ALL GRADES
Chicken & Waffles
Energy Pack, Egg Lunch
Assorted Fresh Fruit
Carrots, Celery
1% Lowfat Milk & Chocolate Milk

21

FIELD TRIP (2nd - 8th Grade Only)
Dave & Buster
Cheese Burger or nuggets
TK/Kinder/1st
Chicken Corn Dog
Crackers, Assorted Fresh Fruit
Lettuce, Cherry Tomatoes
1% Lowfat Milk & Chocolate Milk

22

FIELD TRIP (TK/Kinder/1st Only)
Dave & Buster
Cheese Burger or nuggets
2nd - 8th Grade
Mandarin Chicken w/ Rice
Energy Pack, Yogurt
Assorted Fresh Fruit, cucumber
1% Lowfat Milk & Chocolate Milk

23

FIELD TRIP (2nd - 8th Grade Only)
SeaWorld
Uncrustables
TK/Kinder/1st Only
Chicken Chili Verde Tamale
Assorted Fresh Fruit
Lettuce, Tomatoes
1% Lowfat Milk & Chocolate Milk

24

FIELD TRIP (TK/Kinder/1st Only)
Indoor Playground & Chuck E. Cheese
Pizza
2nd - 8th Grade
Dominos Pizza
Fresh Fruit, Lettuce, Red Peppers 1%
Lowfat Milk & Chocolate Milk

27

ALL GRADES
Cheeseburger
Tater Tots
Energy Pack, Egg Lunch
Assorted Fresh Fruit
Lettuce, Tomatoes
Ketchup
1% Lowfat Milk & Chocolate Milk

28

FIELD TRIP (2nd - 8th Grade Only)
TBD
TBD

TK/Kinder/1st Grade
Southwest Queso Pull-Aparts
Assorted Fresh Fruit
Lettuce, Tomatoes
1% Lowfat Milk & Chocolate Milk

29

FIELD TRIP (6th - 8th Grade Only)
Padres Game
TBD

TK - 5th Grade
Carne Asada Nachos
Energy Pack, Yogurt
Assorted Fresh Fruit, Cucumber
Pico de Gallo
1% Lowfat Milk & Chocolate Milk

30

FIELD TRIP (ALL GRADES)
TBD
TBD

31

No ESS