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NATALIE WINSPEAR, Ed.D.
Assistant Superintendent
LISA DAVIS
Assistant Superintendent
ROBIN BALLARIN
Assistant Superintendent



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School Meals - A Great Choice for Students and Families!

2025-2026 School Year

Delicious!

Whether your child's favorite foods are traditional or adventurous, there is something for everyone. The staff prepares anything from Spaghetti, Hamburgers, and Chef's Salad to Homemade Coffee Cake with an emphasis on great taste that students will enjoy!

Good Nutrition!

Lunch always includes a trip to the salad bar of delicious fruits and vegetables—our popular Harvest of the Month, seasonal choices, and fresh offerings.

Whole grain bread and other grains are an important part of school meals, and many of ours are baked fresh daily in our Central Kitchen.

All our meals meet strict Institute of Medicine and United States Department of Agriculture standards for healthy meals for children. Fat, sodium, and sugar levels are strictly controlled.

Meal Benefits!

School meals can help you save money! All students eat breakfast and lunch free in California, but by filling out your students' Universal Benefit Application, more funding comes directly to the classroom. Universal Benefit Applications can help individuals qualify for local and state programs. You can find a Universal Benefit Application at www.myschoolapps.com or call Nicole Genet at 619-390-2600 x 2554 for more information.

We look forward to serving you and Welcome to the Lunch Line!

The Child Nutrition Staff

Lakeside Union School District
Child Nutrition Department
619-390-2600

This institution is an equal opportunity provider