

Local School Wellness  
Committee Meeting  
Lakeside Union Scholl District  
February 7/2024

**Agenda:**

**\*Farmer's Market**

**\*Snacks for Attendance recovery-site nurses**

**\*VEBA- Staff**

**\*Open Discussion**

Meeting Notes:

**\*Farmers Market:**

-Will be held on May 21<sup>st</sup> alongside side Lindo Park's Health Fair Event

-Reusable produce bags will be given to each student

-Food 4 Thought will set up a Farmer's Market where students will get to take 1-2 pieces of fruit or vegetables home.

-Food 4Thought will also do a presentation on the importance of healthy eating

-Kristie will be in contact with Food 4 Thought vendor to see about setting up 2 different time slots to divide students into groups by age and adding to the number of students we would like to reach (offered to the whole school not just 2<sup>nd</sup> grade).

-Barona and Dream would like to join- Permission is needed from LP Principle Tessa Green, possibly Barona join the morning group/ Dream join the afternoon group

\*Talk of ideas for booth setup/ use nursing students to help run booths

-Farmer Market Booth

-Anatomy Booth

-Avoiding Germs

-Hygiene Booth- Play hygiene bingo

- Sleep Importance- Sleep masks
- Dental Checks- Denise seeing about a dental screening setup
- Health mobile – Lamia checking with VEBA
- Meet your school counselor
- Meet your school nurse
- Make visiting the booths into a game by collecting stamps, and turning in a completed card at the end for a chance at the raffle prize- Kristie and Jen will take care of the raffle prize
- Nurses could use 100 more bags for hygiene kits- Kristie

**\*Snacks:**

- Still a need
- Down to about the last 2 rounds of snacks
- Kristie will reach out to Gold Star Foods for another round of donations
- Nurses to look into grant for next school year snack donations
- Need for Saltines and Juices

**\*VEBA**

- Lamia sends out updates to all employees as they come

**Open Discussion:**

- We would like to meet again in March and then April to make sure we have everything in line for the health fair.
- Talk about putting together a master spreadsheet for the planning of health fair events to make planning run very smoothly. We would like to be able to offer this to more of our sites and possibly the community in the future.