

# 2021-2022 WELLNESS POLICY REPORT

## LAKESIDE UNION SCHOOL DISTRICT

### LOCAL SCHOOL WELLNESS GOALS



#### WE MET THESE GOALS

- We increased the amount of local foods offered to students through the National School Breakfast and Lunch Programs.
- We improved the employee wellness programs offered throughout the district.



#### WE ARE STILL WORKING ON THIS

- We are working to expand local food initiatives through incorporating farming and agricultural techniques at the school level.



#### WELLNESS ACTIVITIES AND IMPLEMENTATION

- 100% of the schools throughout our district serve local produce at least once per month through the School Breakfast and Lunch Programs.
- All schools receive corresponding nutrition education on featured local produce.
- All staff have improved access and resources to wellness programs and initiatives, with a 35% employee participation rate.
- Our District's Local School Wellness Policy has been revised to meet the Local School wellness Policy Final Rule SNP-13-2017!



#### COMPLIANCE WITH LOCAL SCHOOL WELLNESS POLICIES

- Classroom celebrations which include food that does not comply with the federal nutrition standards should be limited to no more than twice per school year.
  - 75% of our schools have achieved compliance
- Foods sold at a fundraiser which do not comply with the standards in Education Code 49431.2 may be permitted in any of the following circumstances:
  - The sale takes place off and away from school premises.
  - The sale takes place on school premises at least one-half hour after the end of the school day or at a school-sponsored student activity after the end of the school day.
    - 100% of our schools have achieved compliance
- Marketing of foods and beverages is allowable only for items that are permitted to be sold on the school campus, consistent with the District's wellness policy.
  - 100% of schools have achieved compliance



This institution is an equal opportunity provider.