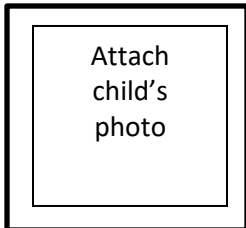




Allergy and Anaphylaxis Emergency Plan

Name:	Date of Birth:	Date of Plan:
Allergies:	Age:	Weight:

Child has asthma: yes / no (if yes, higher chance of a severe reaction)
 Child has had anaphylaxis: yes / no
 Child may carry medicine: yes/no
 Child may give him/herself medicine: yes/no (if child refuses, an adult must give medicine)



SPECIAL SITUATION: If checked, **give epinephrine** immediately, even if the child only has MILD symptoms after a sting or eating.

IMPORTANT REMINDER

Anaphylaxis is a potentially life-threatening, severe allergic reaction. If in doubt, give epinephrine.

<p>For Significant Allergy and Anaphylaxis </p> <p>What to look for:</p> <p>If child has ANY of these symptoms after eating the food or having a sting, give epinephrine</p> <ul style="list-style-type: none"> • Shortness of breath, wheezing, or coughing • Skin color is pale or has a bluish color • Weak pulse • Fainting or dizziness • Tight or hoarse throat • Trouble breathing or swallowing • Swelling of lips or tongue that bother breathing • Vomiting or diarrhea • Many hives or redness over body • Confusion, altered consciousness, or agitation 	<p>Give epinephrine!</p> <p>What to do</p> <ol style="list-style-type: none"> 1. Inject epinephrine right away! Note time when epinephrine was given 2. Call 911 <ul style="list-style-type: none"> • Ask for ambulance with epinephrine. • Tell rescue squad when epinephrine was given. 3. Stay with child and: <ul style="list-style-type: none"> • Call parents • Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes • Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side 4. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine. <ul style="list-style-type: none"> • Antihistamine • Inhaler/bronchodilator
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<p>For Mild Allergic Reaction </p> <p>What to look for:</p> <p>If child has had any mild symptoms, give antihistamine and monitor child.</p> <p>Symptoms may include:</p> <ul style="list-style-type: none"> • Itchy nose, sneezing, itchy mouth, OR • A few hives or mild swelling of face, OR • Mild stomach nausea or discomfort • If the child has more than one of the above, give epinephrine. 	<p>Give Antihistamine and Monitor Child</p> <p>What to do:</p> <ul style="list-style-type: none"> • Give antihistamine (if prescribed). • Watch child closely for 4 hours. • Call parents • If in doubt, give epinephrine • If symptoms of significant allergy/anaphylaxis develop, give epinephrine. (See "For Significant Allergy and Anaphylaxis")
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Medicine/Doses

Epinephrine, intramuscular. Dose: 0.15 mg 0.30 mg (weight more than 25 kg)
 Antihistamine, by mouth: Benadryl (1.25 mg/kg) ___mg Cetirizine (0.25 mg/kg) ___ mg
 Other (for example, inhaler/bronchodilator if child has asthma): albuterol 2-4 puffs

Provider (Electronic) Signature	Date	Provider Name (printed)	Provider FAX
Parent/Guardian Signature		Date	

Reviewed by nurse: _____ Date: _____



Allergy and Anaphylaxis Emergency Plan

Child's name: _____ Date of Plan: _____

Additional Instructions:

Contacts

Call 911 / Rescue Squad: _____

Doctor: _____

Phone: _____

Parent/Guardian: _____

Phone: _____

Parent/Guardian: _____

Phone: _____

Other Emergency Contacts

Name/Relationship: _____

Phone: _____

Name/Relationship: _____

Phone: _____

Reviewed by nurse: _____ Date: _____